


## UPA September Lunch Menu 2023

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Breaded Beef Pattie Mashed Potatoes Green Beans Corn Diced Peaches Milk
4  <b>No School</b>	5  <b>No School Teacher Inservice</b>	6 Orange Chicken Steamed Rice Sliced Carrots Bread Stick Apple Sauce Milk	7 Taco Salad (HKM) Tomato Salsa (HKM) Tortilla Chips Black Beans Fresh Grapes Milk	8 Corn Dogs w/ Ketchup, Mustard Tater Tots Steamed Broccoli Pineapple Chunks Milk
11 Stuffed Crust Pepperoni Pizza Romaine Lettuce Salad w/ Ranch Dressing Diced Peaches Milk	12 Frame Broiled Beef Pattie Mac & Cheese (HKM) Collard Greens Corn Bread Muffin Fresh Apple Milk	13 Hot Dog w/ Ketchup, Mustard, Mayo Sliced Carrots Steamed Broccoli Mandarin Oranges Milk	14 Fish Sticks w/ Tartar Sauce, Ketchup Tater Tots Green Beans Fresh Grapes Milk	15  <b>State Fair</b>
18 Crisпитos w/ Tomato Salsa (HKM), Sour Cream Black Beans Tortilla Chips Green Beans Pineapple Chunks Milk	19 Chicken Noodle Soup (HKM) Corn Bread Muffin Sliced Carrots Fresh Oranges Milk	20 Chili (HKM) w/ Cheddar Cheese Saltine Crackers Romaine Lettuce Salad w/ Ranch Dressing Sliced Pears Milk	21 Crispy Chicken Sandwich w/ Mayo, Ketchup French Fries Steamed Broccoli Fresh Grapes Milk	22 Breaded Beef Pattie Mashed Potatoes Green Beans Corn Diced Peaches Milk
25 BBQ Riblet Sandwich Romaine Lettuce Salad w/ Ranch Dressing Steamed Corn Diced Pears Milk	26 Cheeseburger w/ Ketchup, Mayo, Mustard French Fries Green Beans Fresh Apples Milk	27 Orange Chicken Steamed Rice Sliced Carrots Bread Stick Apple Sauce Milk	28 Taco Salad (HKM) Tomato Salsa (HKM) Tortilla Chips Black Beans Fresh Grapes Milk	29 Corn Dogs w/ Ketchup, Mustard Tater Tots Steamed Broccoli Pineapple Chunks Milk